



COVID-19

CORONAVIRUS

At present, as part of the World Health Organisation recommended advice, to avoid the spread of COVID-19 you may be asked to reschedule your visit.

If you've travelled to high risk areas in the last 14 days, or you're experiencing any of the symptoms below, your access may be denied to this building.

Should your access be denied, please contact your host to reschedule your meeting for another time in 14+ days from now. Until then, please seek advice from your local GP and see the World Health Organisation guide to self isolation and continue to take preventative measures, all of which are reported to be effective ways to prevent the spread of COVID-19 according to the World Health Organisation.

Know the Symptoms



Cough / sore throat



High temperature



Shortness of breath



Headache

Take the following preventative measures



Wash your hands frequently

Wash your hands with soap and water often (for at least 20 seconds) and clean and disinfect frequently touched surfaces and objects, such as doorknobs.



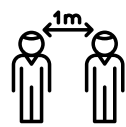
Cough hygienically

Cough or sneeze into your elbow or by covering your mouth and nose with tissues and put used tissues in the bin or a bag immediately.



Avoid touching eyes, nose or mouth

Hands touch many surfaces, some of which may contain COVID-19. Don't touch your eyes, nose or mouth, especially if your hands are not clean.



Maintain social distancing

Try to avoid close contact with people who are unwell and avoid personal contact, such as kissing, sharing cups or food with sick people.